



HEADQUARTERS NEW JERSEY ARMY AND AIR NATIONAL GUARD
NEW JERSEY DEPARTMENT OF MILITARY AND VETERANS AFFAIRS
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28 January 2003

MENUS FOR IDT DRILL WEEKENDS (G4)

1. References:

- a. AR 30-22, dated 30 August 2002.
- b. Department of the Army Supply Bulletin 10-263 (14 Day Menu), dated October 1988.

2. The 14-Day Menu, as amended by the NJARNG Installation Menu Board, in coordination with Troop Issue Subsistence Activity (TISA), Ft Dix, New Jersey, is scheduled for issue to units of the NJARNG.

3. Listed in Appendix A, is the approved menu schedule for FY-03. On any given day, a unit requesting lunch meals may receive a dinner meal as a substitute. This is accomplished, to give the individual unit the maximum variety of meals over the 14-day cycle of menus. Units are reminded that when more than one meal is requested for a given day (Breakfast, Lunch and Dinner), the menu will be issued as stated in SB 10-263 (Breakfast, Lunch and Dinner).

4. The 14-Day Menu has no short order menu. Arrangements were made with TISA, to issue components of a cold sandwich meal and a hoagie meal to enhance the conduct of training scheduled for the day. Use of these meals should be kept to a minimum. Components of these meals are listed in Appendix B. If these menus are required, it must be requested in the item block of DA Form 3294R, as Box Lunch 1, for the sandwich meal and Box Lunch 2, for the hoagie meal. Components for the Picnic meal are also found in Appendix B.

5. All previous Letters of Instruction and Army Bulletins pertaining to Menus for IDT Weekends, are hereby rescinded.

6. POC for additional information or guidance is CW2 John S. Garrison, (609) 562-0281.

OFFICIAL:

GLENN K. RIETH
Brigadier General, NJARNG
The Adjutant General


FRANK R. CARLINI
COL, GS, NJARNG
Chief of Staff

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Appendix A
14 DAY MENU SCHEDULE
FISCAL YEAR 2003

DRILL WEEKEND	DAY 1	DAY 2
Jan	Lunch 11 (Hamburger)	Dinner 12 (Chili)
Feb	Lunch 13 (Lasagna)	Dinner 14 (Beef)
Mar	Dinner 1 (Chicken)	Lunch 2 (Ham)
April	Dinner 3 (Steak)	Lunch 4 (Chicken)
May	Dinner 5 (Veal)	Lunch 6 (Salisbury Steak)
June	Dinner 7 (Chicken)	Lunch 8 (Pork Chops)
July	Dinner 9 (Turkey)	Lunch 10 (Ham)
Aug	Dinner 11 (Chicken)	Lunch 12 (Pork Chops)
Sep	Dinner 13 (Fish)	Lunch 14 (Chicken)
Oct	Lunch 1 (B.B.Q Beef)	Dinner 2 (Turkey)
Nov	Lunch 3 (Swedish Meatballs)	Dinner 4 Spaghetti
Dec	Lunch 5 (Pot Roast)	Dinner 6 (Fish)

Appendix B

ALTERNATE MEALS

Box Lunch 1 (Cold sandwich)

Ham, sliced	Sugar, gran
Cheese, sliced	Pickles, dill
Hard salami, sliced	Individual mustard
Lettuce, fresh	Individual salad dressing
Apples, fresh	Individual cookies
Rye bread	Instant tea
White bread	Cream sub dry
Coffee, roasted	Potato chips
	Juice, 6 oz

Box Lunch 2 (Hoagie)

Bologna, sliced	Individual cookies
Cheese, sliced	Individual salad dressing
Ham, sliced	Italian dressing
Hard salami, sliced	Coffee, roasted
Lettuce, fresh	Cream sub dry
Onions, fresh	Pickles, dill
Apples, fresh	Potato chips
Rolls, hoagie	Soda
	Sugar, gran

Picnic Meal

Frankfurters	Potato chips
Beef patties	Pickles, dill
Cheese, sliced	Individual mustard
Lettuce, fresh	Individual catsup
Beans w/pork	Individual salad dressing
Tomatoes, fresh	Soda
Rolls, hamburger	
Rolls, hotdog	
Individual cookies	

*** for onions request in remarks**
column of DA Form 3294R